



Consortium for the prevention of
obesity through effective nutrition and
physical activity actions

Newsletter



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From the Scientific Coordinator

Welcome to this seventh issue of the EURO-PREVOB *Newsletter*!

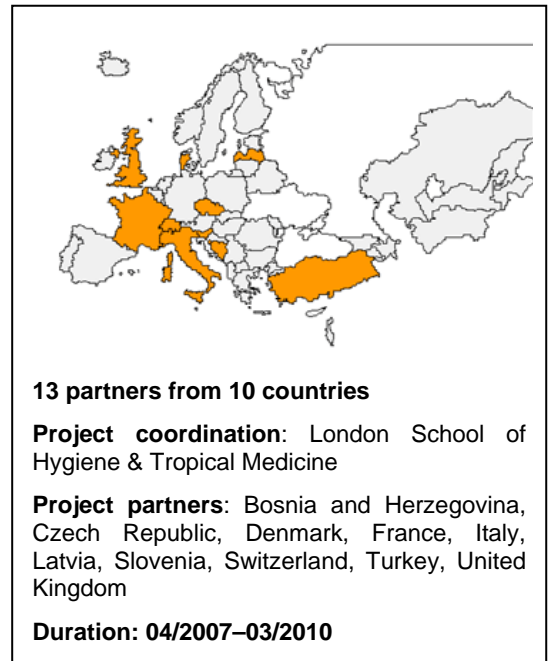
We are just about to end the second year of the project as well as a very busy period which focused on the piloting of the EURO-PREVOB Policy Analysis Tool developed in the first year of the project. The information collected during the pilots will be invaluable not only to EURO-PREVOB but also to the wider obesity research in Europe.

I would thus like to especially thank the partners responsible for the pilot tests, that is, Aida Filipovic-Hadziomeragic in Bosnia & Herzegovina; Zuzana Derflerova Brazdova in the Czech Republic; Nicole Darmon in France; Iveta Pudule in Latvia, and Gulden Pekcan in Turkey. They all worked extremely hard to gather high-quality data and to organise sub-regional meetings to obtain feedback from regional experts and stakeholders on the relevance and applicability of the Policy Analysis Tool. These meetings also offered an opportunity to disseminate the lessons learned during the work of EURO-PREVOB and to share the policy analysis experience with key players from neighbouring countries.

The results of the pilot work and discussions from the sub-regional meetings will be presented at the 2nd Plenary and 5th Scientific Committee meetings in Istanbul, Turkey, on 18–19 May 2009.

Hoping to see you in Istanbul in May!

Joceline Pomerleau



13 partners from 10 countries

Project coordination: London School of Hygiene & Tropical Medicine

Project partners: Bosnia and Herzegovina, Czech Republic, Denmark, France, Italy, Latvia, Slovenia, Switzerland, Turkey, United Kingdom

Duration: 04/2007–03/2010



Update on WP5, WP6 & WP8–11: Sub-regional piloting of the policy analysis tool

- WP5 Development and coordination of sub-regional analyses
Led by Aileen Robertson (SUHR's Metropolitan University College)
- WP6 Pilot test and working group in Central and Eastern Europe
Led by Zuzana Derflerova Brazdova (Mazaryk University)
- WP8 Pilot test and working group in Nordic-Baltic Countries
Led by Iveta Pudule (Public Health Agency)
- WP9 Pilot test and working group in Southern Europe
Led by Gülden Pekcan (Hacettepe University)
- WP10 Pilot test and working group in South-Eastern Europe
Led by Aida Filipovic-Hadziomeragic (Institute of Public Health of the Federation of Bosnia & Herzegovina)
- WP11 Pilot test and working group in Western Europe
Led by Nicole Darmon (Institut National de la Santé et de la Recherche Médicale)

Pilot work started in September/October 2008 and is progressing well. In Bosnia & Herzegovina, the Czech Republic, France and Turkey, data collection with the policy analysis tool is now completed, and sub-regional meetings with local and regional experts and stakeholders have taken place to obtain feedback on the usefulness and applicability of the tool for each respective sub-region.



Sub-regional meeting for South-Eastern Europe in Sarajevo

Partners from these countries are thus currently finalising the analysis of the data and are collating all the information into the planned deliverables. In Latvia, the Policy Checklist has been completed and data collection with the Community Questionnaire is making good progress; the sub-regional meeting will take place in April. All partners involved in pilot work are also getting ready to present their result at the 2nd EURO-PREVOB Plenary meeting (see details below).



Sub-regional meeting for Western Europe in Marseille



Sub-regional meeting for Southern Europe in Ankara

Update on WP12: Comparative analysis from regional consultations

Led by Aileen Robertson and Irene Nørlund from SUHR's

WP12 aims to: (1) provide a comparative analysis of the outputs from the five pilot tests and to discuss the relevance and applicability of the policy analysis tools to the European region, and (2) formulate recommendations as to how these tools can be used for policy analysis. Since the last Scientific Committee meeting, this WP has concentrated on two main tasks: (1) the organisation of the 2nd Plenary meeting, and (2) the development of the comparative analysis based on all results from the pilots. A draft of deliverable D12 will be prepared before the 2nd Plenary meeting. It will then be finalised, and further analyses of the results will be conducted.

Update on WP13: Adaptation of European policy recommendations on nutrition and physical activity to take into account socio-economic inequalities

Led by Trudy Wijnhoven, from WHO

WP13 is the last workpackage of scientific activities in EURO-PREVOB. It will use the outcomes of the previous phases of the project, including those from the pilot work and from the 2nd Plenary meeting, to formulate a policy development and assessment strategy relevant to planned and ongoing policies at the EU and the wider European level with regard to nutrition, physical activity, obesity and inequalities in obesity. This policy document will also include: (1) a set of recommendations of best practice for the implementation of obesity prevention, and (2) a tool for the economic analysis of policy options that will be used to assess priorities. As part of WP13, the 3rd and last EURO-PREVOB Plenary meeting will be organised in the Autumn of 2009 in Rome, Italy, to bring together partners, researchers, policy-makers and stakeholders to discuss jointly the policy recommendations and the instruments developed within WP13. An exact date will be confirmed in the next newsletter. Initial work under WP13 is currently being undertaken and will be discussed at the 5th Scientific Committee meeting in Istanbul.

PREPARATION OF THE 2ND PLENARY MEETING AND 5TH SCIENTIFIC COMMITTEE MEETING, ISTANBUL, 18–19 MAY 2009

All practical information, including hotel arrangements and preliminary programme, is available to meeting participants via the Sharepoint interface. Background documents will also be available on this platform two weeks prior to the meeting. If you require any further assistance, please contact Nina Nørgaard Haslund from SUHR's at NNHA@suhrs.dk.

We will have the wonderful opportunity to hold the meeting in Istanbul. If you have the chance to do some sightseeing while you are in Turkey, the following websites offer further information:

www.kultur.gov.tr/EN/Default.aspx?17A16AE30572D313D4AF1EF75F7A79681D9DD78D03148A6E

www.kultur.gov.tr/EN/BelgeGoster.aspx?17A16AE30572D313679A66406202CCB0251C64DF22CCB2F6

<http://en.wikipedia.org/wiki/Turkey>

EVENTS AND PUBLICATIONS OF NOTE

Visit the **HOPE website** to get free details of the latest news and publications related to obesity.

www.hopeproject.eu/index.php?page=news&ews_id=50. If you have any news you would like to add or share, please contact: HOPEnet@iaso.org

Obesity and socio-economic groups in Europe: Evidence review and implications for action: This report was commissioned by the EU's DG Health and Consumer Commission (DG SANCO).

It was prepared by Aileen Robertson, Tim Lobstein and Cécile Knai and is now



available on:

http://ec.europa.eu/health/ph_determinants/life_style/nutrition/documents/ev20081028_rep_en.pdf

Charafeddine R, Van Oyen H, Demarest S. Trends in social inequalities in obesity: Belgium, 1997 to 2004. *Prev Med* 2009; 48(1):54–8.

Zaninotto P, Head J, Stamatakis E, Wardle H, Mindell J. Trends in obesity among adults in England from 1993 to 2004 by age and social class and projections of prevalence to 2012. *J Epidemiol Community Health* 2009; 63(2):140–6.

Riva M, Curtis S, Gauvin L, Fagg J. Unravelling the extent of inequalities in health across urban and rural areas: Evidence from a national sample in England. *Soc Sci Med* 2009; 68(4):654–63.

Please find below information on selected forthcoming meetings and conferences of interest.

12th World Congress on Public Health: Making a Difference in Global Public Health: Education, Research and Practice www.worldpublichealth2009.org	27 Apr–1 May 2009 Istanbul, Turkey
17th European Congress on Obesity - ECO 2009 www.easo.org/2009/index.htm	6–9 May 2009 Amsterdam, Netherlands
BASORD – 8th International Symposium on Obesity and Related Diseases www.easoobesity.org/documents/Karti4ka.pdf	21–23 May 2009 Albena, Bulgaria
Obesity - a reality check? Towards a deeper understanding Royal Society of Medicine, London, UK www.rsm.ac.uk/academ/xag10g.php	3 June 2009, London, UK
19th Annual Meeting of the European Childhood Obesity Group (ECOG) www.ecog-obesity.eu/dublin2009/	17–19 Sept 2009 Dublin, Ireland
Joint British-Irish 21st annual conference of the International Society for Environmental Epidemiology (ISEE), on 'Environment, Food and Global Health' www.isee2009.ie/conferenceprog/sciprogram/	25–29 Aug 2009 Dublin, Ireland
19th International Congress of Nutrition www.icn2009.com/	1–4 Oct 2009, Bangkok, Thailand
Annual Meeting of HEPA Europe	1 Oct 2009, Bologna, Italy
31º Simposio Internacional de Ciencias do Esporte (Agita Mundo Network) www.celafiscs.org.br/simposio/arquivos/AgitaMundo2008.pdf	9–11 Oct 2009, Sao Paulo, Brazil
Second joint European Conference on Public Health (EUPHA / ASPHER)	26–28 Nov 2009, Lodz, Poland



EURO-PREVOB CONTACTS

For additional information please visit the EURO-PREVOB website at www.europrevob.eu or email your questions, comments or suggestions directly to us (europrevob@lshtm.ac.uk).

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Website: www.hacettepe.edu.tr

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Website: www.sepho.org.uk

Name: Istituto Nazionale di Ricerca per gli Alimenti e la Nutrizione (INRAN)

Country: Italy

Website: www.inran.it

Name: Public Health Agency (PHA)

Country: Latvia

Website: www.sva.lv

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Website: www.muni.cz

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Website: www.zzjzfbih.ba

Name: Institute of Public Health of the Republic of Slovenia (IVZ RS)

Country: Slovenia

Website: www.ivz.si

Name: Geneva Infant Feeding Association (GIFA)

Country: Switzerland

Website: www.gifa.org

Name: University College London (UCL)

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Website: www.ucl.ac.uk

